SystmOnline Patient Handbook

Ordering Medication, Booking Routine appointments and other useful features



DISCLAIMER:

NO REAL PATIENT DETAILS WERE USED IN THE MAKING OF THIS HANDBOOK

LOGGING ON:

Once you have contacted the surgery, you will be provided with a username and a password either by email or by post.

Once you receive these details, you can begin.

Sy	PATIENT ONLINE SERVICE
	Login
	If you already have a username and password, enter them here. If you do not have a username and password, contact your practice to register for SystmOnline.
	Username Password
	Login

This is the login screen; it can be accessed via the Stow Surgery website (details on next page)

When you have reached our website (see below);

You need to scroll down the page and find the **SystmOnline logo:**



Well Lane, Stow-on-the-Wold, Gloucestershire, GL54 1EQ

Telephone: (01451) 830625 Out of Hours: 111 Fax: (01451) 830693 Appointments: (01451) 830805 Dispensary: (01451) 833482



Click here to view our activity calendar

NOW, BACK TO LOGGING IN:

You will have received from us either by email or post, login details which will be made up of a username which will be your name and date of birth in short hand, **for example:** *"joeblogqs010195"*

And a password which will be a random assortment of letters, numbers and symbols, for example:

"DhJd£\$32"

You need to enter these details into the login screen (see below)

Sy	PATIENT	SERVICE	
	Levin		

Login

If you already have a username and password, enter them here. If you do not have a username and password, contact your practice to register for SystmOnline.

Username	
Password	

Login

Once you have logged in you will be prompted to change your password to something more memorable to yourself.

There are certain criteria to follow when creating a new password:

Passwords are case sensitive and must be at least 8 characters long.

They must contain characters from 3 out of the 4 character groups:

- Upper case letters (A-Z)
- Lower case letters (a-z)
- Numeric characters (0-9)
- Non alphanumeric characters (e.g. !"£\$%).

Your name should not be in your password.

This is the screen you will see when you are changing passwords:

Change Password

Enter your current password and then the password you want to use from now on.

Passwords are case sensitive and must be at least 8 characters long. They must contain characters from 3 out of the 4 character groups:

- Upper case letters (A-Z)
- Lower case letters (a-z)
- Numeric characters (0-9)
- Non alphanumeric characters (e.g. !"£\$%).

Your name should not be in your password.

Current password

Current password	
New password	
Confirm new password	

Submit

Once you have changed your password and logged in, this is the screen you will be shown (key features are highlighted)



Your Appointments

Book Appointment Future Appointments Past Appointments

Your Records

Patient Record Summary Patient Record Childhood Vaccinations View Test Results Record Audit Questionnaires Consent to Share Settings

Your Medication

Request Medication Outstanding Prescription Requests Change Pharmacy

Your Account

Messages Change Contact Details Change Password Manage Online Services Manage Account Users Link Account Reset Account Account Information Online Usage Audit

BOOKING APPOINTMENTS:

When you want to book an appointment online, you will need to navigate to "Your appointments" and then "Book Appointment" and it will show you the next available routine GP appointments;

Please note, these are **ROUTINE** appointments so they are likely to be booked up in advance – **you may still dial 01451 830625 and press option 1 to be transferred through to the appointments line** where urgent, same day GP appointments can still be made, as well as appointments with all of the other clinicians here at the Surgery.

An example of this screen can be found on the next page

Book Appointment

Available Sessions

Show sessions for period 07/05/2018 - 21/05/2018 • Show

Date	Earliest Time	Latest Time	Location	Clinician	Session Type	View Appointments
Tuesday 08 May 2018	09:30	10:00	Stow Surgery	Dr Anna Chiles (Female)	Session	View
Tuesday 08 May 2018	15:00	16:00	Stow Surgery	Dr Thomas Jenkins (Male)	Session	View
Tuesday 08 May 2018	15:15	15:30	Stow Surgery	Dr Lucy Telford	Session	View
Tuesday 08 May 2018	15:45	16:45	Stow Surgery	Dr Anna Chiles (Female)	Session	View
Wednesday 09 May 2018	08:30	08:45	Stow Surgery	Dr Paul Sherringham (Male)	Session	View
Wednesday 09 May 2018	09:15	10:15	Stow Surgery	Dr Anna Chiles (Female)	Session	View
Wednesday 09 May 2018	15:00	16:45	Stow Surgery	Dr Anna Chiles (Female)	Session	View
Thursday 10 May 2018	09:00	09:45	Stow Surgery	Dr Lucy Telford	Session	View
Thursday 10 May 2018	09:30	11:00	Stow Surgery	Dr Catherine Lawrence (Female)	Session	View
Thursday 10 May 2018	16:30	16:30	Stow Surgery	Dr Paul Sherringham (Male)	Session	View
Thursday 10 May 2018	14:30	14:45	Stow Surgery	Dr Lucy Telford	Session	View
Friday 11 May 2018	08:30	08:45	Stow Surgery	Dr Paul Sherringham (Male)	Session	View

ORDERING MEDICATION

In order to do this, navigate yourself to the home screen (button in top right) and over to the "Your Medication" heading, followed by "Request Medication"

This is what it will look like:

Miss Minnie Mouse-TestPatient Date of birth: 01 Feb 1989 Stow Surgery The Surgery, Well Lane, Stow on the Wold, Cheltenham, Gloucestershire, GL54 1EQ Usual GP: Dr Georgina T Standen General: 01451830625

Medication

Tick the items you would like to order and press the 'Continue' button. You will then have the opportunity to review the order and add additional notes before it is sent. If the item you require is not listed then make a custom request using the 'Medication request notes' field.

Once your request has been submitted, a member of staff at the practice will process your request and issue the medication ready for collection.

Request existing medication

benzylpenicillin injection 300mg/vial

Last requested 16 May 17, status Issued

300 milligrams - use as directed

Last Issued: 31 Jul 2017

Rec	Recent Medication					
	Drug					
	Amoxicillin 125mg/1.25ml oral suspension paediatric 20 ml - 1.25ml dose 3 times/day Last Issued: 13 Oct 2017					
	Citalopram 10mg tablets 28 tablet - Take ONE daily Last Issued: 13 Oct 2017					
	Lorazepam 1mg tablets 28 tablet - take one as needed Last Issued: 13 Oct 2017					
	Haelan 0.0125% ointment (Typharm Ltd) 60 gram - Apply sparingly twice a day for 2 months Last Issued: 13 Oct 2017					
Reg	ular Medication					
	Drug					
	amoxapine tablets 25mg 56 tablets - use as directed Last Issued: 16 May 2017 Last requested 16 May 17, status Issued, with notes 'need 3 months as going away'					
	Amoxicillin 500mg capsules 30 capsule - To be taken Three Times Daily Last Issued: 07 Aug 2017					

When it comes to actually ordering Medication, you must tick the small box on the left of each box for each medicine you require:



It will then change and now will look like this:



Repeat this process for everything you need, and then press continue at the bottom of the page:



MAKE CUSTOM REQUEST:

We will now address the "Make custom request" part at the bottom of the page – this is if medication that is not a normal repeat is needed, for example if a Doctor has prescribed it as a one-off, and a further supply is required to ease symptoms

Make custom request

Medication request notes You can use this field to create a custom medication request using free text.

Notes entered into this field may be visible to all staff at the practice

IF YOU HAVE TICKED BOXES FOR OTHER TABLETS THAT ARE ISSUED REGULARLY, PLEASE MAKE SURE TO PRESS CONTINUE BEFORE YOU DO ANYTHING WITH THE CUSTOM REQUEST BOX, BECAUSE IF IT IS CLICKED PRIOR TO COMPLETING THE REGULAR ORDER, IT WILL CANCEL EVERYTHING THAT HAS BEEN DONE – THIS MAY LEAD TO MEDICINE NOT BEING DISPENSED, AND CAUSE DELAYS FOR PATIENTS COMING TO PICK THEM UP.

Once you are ready to make a custom request, simply click in the circle next to the heading:

Make custom request

Medication request notes You can use this field to create a custom medication request using free text.

Notes entered into this field may be visible to all staff at the practice

And then type the name of the medication(s) that you need in the box below:

Make custom request

Medication request notes

You can use this field to create a custom medication request using free text.

Notes entered into this field may be visible to all staff at the practice

This will then be sent as a message through to the dispensary, who will then deal with it accordingly.

E-CONSULT

Did you know you can contact your GP online?

Simply navigate to our website:

Secure https://www.stowsurgery.co.uk

Scroll down to find this section:

Contact our doctors online

Fill out a simple online form to get advice and treatment by the end of the next working day

Need advice about a specific problem or condition?		Not sure what your symptoms mean?	Need to request test results, sick note, GP letter or medical report?			
I want help for my condition		I want general advice	I want administrative help			
or contact our doctors about one of these common conditions:						
Acne	Anxiety	Asthma	Back pain			
Bacterial vaginosis	Cold or flu	Contraception	Coughs			
Cystitis in women	Depression	Earache	Eczema			
Foot pain	Hand pain	Hay fever	Headache			
Heartburn	Hip pain	Knee pain	Rectal bleeding			
Shoulder pain	Sinusitis	Sore throat	Thrush			

And click on the box that is the most relevant to you, fill out a quick online form and we will aim to get back to you as soon as we can.

IF YOU HAVE ANY FURTHER QUERIES WITH REGARDS TO THIS HANDBOOK, PLEASE CONTACT THE SURGERY ON 01451 830625 AND WE WILL AIM TO RESOLVE ANY ISSUES.

YOU MAY ALSO EMAIL CHRIS ON

chriswhitworth@nhs.net

WE HOPE THIS HAS HELPED

Stow Surgery,

Well Lane,

Stow on the Wold,

Cheltenham,

GL54 1EQ